

# Thought for the Week



The happiest man I know acts on the seeming belief that each day is the most important in his life, that there never was and never will be another day quite so rich in possibilities for enjoyment.

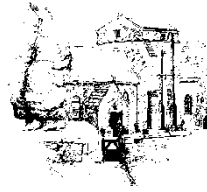
For example, luncheon for him, no matter how busy the day, is an event, not a hasty gulping of food

between worried snatches of conversation about some crisis at the office. The fact that there may be a thousand tomorrows when luncheons can be enjoyed under more auspicious circumstances has no part in my friend's philosophy. Today is today-this day, this hour. Luncheon now is luncheon now, hence an occasion out of which it behoves him to squeeze the last drop of relaxation and enjoyment.

So my friend makes a ceremony of it. He discusses the menu in detail with the waiter, he orders carefully, he smiles in pleasurable anticipation as he awaits his food, and then he proceeds to enjoy it slowly and with relish. The food may be simple and inexpensive-a cheese sandwich and a salad, perhaps-but this man contrives, somehow, to make it all appear an occasion of special importance. And thus it is with everything he does: he takes each hour as it comes and enjoys it.

How often have I, for one, found myself letting the 'transient hour' slip by, my mind foolishly anticipating another hour, much bigger and better, in some misty day ahead. How often have you, too, found yourself forgetting that today is your great day?

*JAMES D. WOOL.*



## St Nicholas' Church, Studland

Welcome to St Nicholas this morning!  
Thank you for joining us.

We hope you will enjoy our worship together.  
You are also very welcome to join our live "Zoom" services  
which take place on the fourth Sunday of the month  
at 6.30pm.

Just contact: [revtonyhiggins@btinternet.com](mailto:revtonyhiggins@btinternet.com)

Readings for this Sunday are:

10.00am 1 Corinthians 2:1-12 and Matthew 5:13-20

SUNDAY 10.00am Family Communion  
5<sup>th</sup> February

**Collect:** Almighty God,  
who alone can bring order  
to the unruly wills and passions of sinful humanity:  
give your people grace  
so to love what you command  
and to desire what you promise,  
that, among the many changes of this world,  
our hearts may surely there be fixed  
where true joys are to be found;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Post Communion:** Merciful Father,  
who gave Jesus Christ to be for us the bread of life,  
that those who come to him should never hunger:  
draw us to the Lord in faith and love,  
that we may eat and drink with him  
at his table in the kingdom,  
where he is alive and reigns, now and for ever.